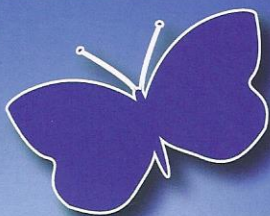


Milford Care Centre
Social Work Department



**Bereavement Support
Group for adults
grieving the death
of a parent**



Bereavement Support Service

Bereavement Support Group for adults grieving the death of a parent

Milford Care Centre offers a support group to address the specific issues of loss when an adult experiences the death of their parent.

The Bereavement Support Group provides a safe place where each person can share something of their experience of grief. It is not a counselling or therapy group but rather an opportunity to meet with others in similar circumstances, providing both understanding and encouragement in how to cope with loss.

The Group generally has 8—10 participants and is led by two trained facilitators.

When? The Meetings are held once a week for 7 weeks on a Wednesday evening from 8.00pm to 10.00pm.

Where? Day Care Centre,
Milford Care Centre,
Castletroy, Limerick.

If you would like further information about the Bereaved Parents Group programme please contact the Social Work Department during office hours on 061 485800

